

RESEARCH / INVESTIGACIÓN

mRNA level of genes related to apoptosis in a colitis model in rats treated with epidermal growth factor

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Abstract: The deregulation of cell death pathways in intestinal epithelial cells could involve the pathogenesis of Inflammatory Bowel Diseases. An increase in apoptosis has been observed in patients who have Ulcerative Colitis. Previous experiments have demonstrated the efficacy of EGF in the healing of ulcerative Colitis and other gastrointestinal mucosa lesions. However, there are not many reports on the molecular characterization of EGF's positive effect on the gastrointestinal mucosa. This work aims to deepen the transcriptional changes induced by EGF in the intestinal epithelium in a colitis model in rats. Samples from the distal colon of an EGF-treated colitis model were collect, followed by an analysis by quantitative PCR of the mRNA of 23 genes related to apoptosis. 57% of the genes analyzed presented statistically significant changes in their mRNA level. Of these, two anti-apoptotic genes increased their mRNA level, while the genes that decreased their mRNA level were pro-apoptotic genes and genes related to the TNF α signal transmission path. Changes in the transcription profile of the genes analyzed could suggest a reduction of apoptosis, which could favor the integrity of the Intestinal Epithelium.

Key words: Animal model, apoptosis, epidermal growth factor, mRNA level, qPCR, Ulcerative Colitis.

Introduction

Inflammatory bowel disease (IBD) is a term that includes two primary forms of the chronic inflammatory intestinal disorder: Crohn's Disease (CD) and Ulcerative Colitis (UC), both of these with prevalence and incidence rates increasing worldwide¹. IBD is considered a multifactorial disease whose pathogenesis is not fully deciphered. Some hypotheses propose that they result from a deregulation of the intestinal barrier, followed by a pathological activation of the Immune System, leading to chronic inflammation and oxidative stress (OS) of the colon mucosa².

The intestinal epithelium (IE) acts as a physical barrier that prevents microorganisms' passage to the lamina propria³. The IE is continuously being renewed, and its integrity is conditioned by a balance between the formation of new intestinal epithelial cells (IEC) and senescent IEC's death. On the one hand, the intestinal stem cells (ISC) resident in the crypt of the intestinal epithelium proliferate and differentiate, giving rise to the adult cells that make up the IE, and at the same time, there is cell death and detachment of the IEC that occurs predominantly at the tip of the villi in the Small Intestine or on the luminal surface of the Large Intestine⁴.

An increase in cell death in the IE is sufficient to cause intestinal inflammation in the animal model, suggesting that deregulation of cell death pathways in IEC might be involved in IBD's pathogenesis^{5,6}. In correspondence with this hypothesis, many apoptotic bodies have been found in biopsies taken from patients suffering from active UC⁷.

In mammalian cells, apoptosis is activated by two pathways, intrinsic or mitochondrial and extrinsic or receptor-mediated^{8,9}.

Proteins of the Bcl2 family control the mitochondrial pathway. There are 2 groups of genes within this family. The pro-apoptotic proteins promote apoptogenic factors, such as cytochrome C protein, from the intermembrane space of the mitochondrion into the cytoplasm, triggering apoptosis. The anti-apoptotic proteins block the release of cytochrome C, avoiding apoptosis⁸.

Cell death receptors mediate the external pathway. One of the best-studied models is the TNFR1 (TNF α receptor 1); the receptor's union with its ligand initiates a signaling pathway that can lead to inflammation or apoptosis. This route begins with the recruitment of TRADD (TNF Receptor-associated death domain) and RIPK1 (Interacting Kinase Receptor 1) adapter proteins, which form a membrane-bound complex. CIAPs 1 and 2 (cellular inhibitor of apoptosis1 and 2) and TRAF2 or 5 (TNF receptor-associated factor 2 or 5) proteins bind to this complex and polyubiquitinate RIPK1, forming the Complex I that activates the NF κ B transcriptional factor, which leads to inflammation and survival. On the contrary, TNFAIP3 (Tumor necrosis factor-alpha-induced protein 3, also known as A20) and CYLD (Cylindromatosis) remove the RIPK ubiquitin tail. The non-ubiquitinate RPK1 bind to FADD (Fas-associated death domain) and procaspase 8, forming complex II that promotes the activation of apoptosis^{9,10}.

Epidermal Growth Factor (EGF) in enemas has been used successfully in the treatment of distal UC. The healing effect of the EGF in gastrointestinal lesions by oral route has also been demonstrated, but in none of the cases the molecular characterization of the effects of the EGF in the gastrointestinal mucosa has been deepened, and the mechanism that mediates these positive effects of the EGF in UC is not fully clarified^{11,12}.

To explore the mechanism of action of the healing effect of EGF in UC, the transcription profile of 23 genes related to apoptosis was evaluated in a dextran sulfate sodium salt (DSS) induced colitis animal model treated with human recombinant Epidermal Growth Factor (hrEGF) in a pellet formulation (patient: EP2533758B1).

Although gene expression can be controlled at various levels, it is widely accepted that it generally happens in DNA transcription, and evidence of the degree of a gene's transcription can be observed by measuring the quantity of messenger RNA corresponding to the gene's DNA^{13,14}. To study gene transcription variation, real-time PCR is routinely used in molecular

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biology to amplify products transcribed from messenger RNA. Quantification of such variation may be relative (based on target gene transcription relative to that of a reference gene (RG)) or absolute (based on an internal or external calibration curve). With relative quantification, RNA transcription change is shown as the factor of regulation between two sample groups using normalization. This process compares the degree of transcription of the genes being studied with two or more RG that have unchanging transcription levels, regardless of cell type and treatment being investigated¹⁵.

Materials and methods

Experimental design

The bio model of DSS-induced Colitis in rats was performed as reported in the literature, following the recommendations implemented in the guide for the use and care of laboratory animals.^{16,17} Briefly, the experiment consisted of 2 phases. In the first phase, Colitis was induced in all groups (except group I), by administering 8% DSS in drinking water, *ad libitum*. In a second phase, the DSS administration was interrupted, and the treatment was applied orally with pellet-placebo or pellet-hrEGF in different doses, depending on the group. Biopsies for histopathological evaluation were taken after 5 days of DSS administration in group II and its control group (group I). In groups III, IV, V, and VI treated with pellet-rhEGF or pellet-placebo, samples were taken after 7 days of treatment. Additionally, in treated groups, samples for RNA extraction were also collected.

Male Wistar rats weighing approximately 300–400g were used. Animals were randomly assigned to the following experimental groups:

Group I: Healthy animals. Five animals were sacrificed on day 6 to obtain excisional biopsies of the distal colon.

Group II: Bio model of Colitis induced with 8% DSS for 6 days. Untreated animals, 5 animals were sacrificed on day 6 to obtain excisional biopsies of the distal colon.

Group III: Bio model of Colitis induced with 8% DSS for 6 days. Afterward, animals were treated with pellet-placebo for 7 days, 5 animals were sacrificed on day 14 to obtain the distal colon's excisional biopsies.

Group IV: Biomodel of Colitis induced with 8% DSS for 6 days. Afterward, animal were treated with pellet-hrEGF 125 µg / capsule / day was administered for 7 days and 5 animals were sacrificed on day 14 to obtain excisional biopsies of distal colon.

Group V: Biomodel of Colitis induced with 8% DSS for 6 days. Afterward, animal were treated with hrEGF 250 µg / capsule/day was administered for 7 days, and 5 animals were sacrificed on day 14 to obtain excisional biopsies of the distal colon.

Group VI: Bio model of Colitis induced with 8% DSS for 6 days. Afterward, animals were treated with hrEGF 500 µg / capsule/day was administered for 7 days, and 5 animals were sacrificed on day 14 to obtain excisional biopsies of the distal colon.

RNA extraction

Colon biopsies for RNA extraction were stored in AmbionRNAlater (AppliedBiosystems, USA) at –20°C until used. Fragments of approximately 30 mg of colon samples were processed in the Tissue Lyser equipment (Qiagen, Hilden, Germany), and the total RNA was purified with the RNeasy® Plus

reagent kit (QIAGEN GmbH, Germany) using the Qiacube platform. RNA performance and quality were determined with the NanoDrop spectrophotometer (NanoDrop Technologies, USA) and the Bioanalyzer Bioanalyzer (Agilent, 2100, USA).

Synthesis of the complementary DNA chain

The complementary DNA (cDNA) chain was synthesized from 1 µg of total RNA, using the Superscript III First-Strand Synthesis Supermix for RT-PCR reagent kit (Invitrogen Technologies, Carlsbad, California, USA), according to manufacturer instructions.

A) Verification of the absence of genomic DNA (gDNA) in the cDNAs by quantitative PCR (qPCR)

Two reactions were performed: one using the cDNAs, diluted 1:10, and the other one with the corresponding RNAs diluted to an equivalent concentration. The same reaction conditions were followed in 20 µL as described in the qPCR section. The primers used in this case amplify a segment of the gene that encodes the protein Catalase (CAT) (table1). Two technical replicas were used for each condition (RNA or cDNA) in each sample. The difference between the Ct (Δ Ct), from the average Ct of the RNAs amplification, replicates, and the average Ct of the cDNAs amplification replicates were calculated.

B) Verification by qPCR of the absence of inhibitors in the cDNAs

The qPCRs were performed for the amplification of a calibrator (pGEM-T Vector), using specific primers. The reaction was prepared in a final volume of 20 µL, with 2 µL of cDNA(1:25) or H₂O, and 18 µL of a mix, containing 10 µL of Light-Cycler 480 SYBR Green I Master 2x, 8 µL of pGEM-T Vector primer mix(300nM final concentration) and pGEM®-T Vector (2.56 x10³ copies per reaction). Negative control reactions were prepared in the same condition, but without adding the pGEM-T Vector.

qPCR and Bioinformatic tool

The Primer3 website application was used to design the qPCR primers with a size of 22 bases, $T_M = 62^\circ\text{C}$, and an average G + C content of 50% (Table 1)¹⁸.

To determine the RG, the geNorm program was used¹⁹. The housekeeping genes (HSKG) evaluated were: PPIA, MAPK6, MAP2k5, GAPDH YWHAZ, and RPL13A.

The LingReg program (version 11.3, 2009, Amsterdam, Netherlands) was used to estimate the efficiency of qPCR

The qPCR reactions were prepared in a volume of 20 µL, containing 10 µL of the PCR TM Absolute QPCR SYBR Green (Thermo Scientific), 6 µL of primers (70 nM), and 4 µL of cDNA (diluted in a factor of 25).

The reactions were incubated at 95 ° C for 15 min, followed by 40 cycles of 95 ° C for 15 s, 60 ° C for 30 s and 72 ° C for 30 s. On the CapitalBio RT-Cycler001 equipment (CapitalBio Co., Ltd., Beijing, China) and qPCR data analysis was performed using the CapitalBio RT-Cycler Version 2.001 program (CapitalBio Co., Ltd., Beijing, China).

In all cases, qPCR used 3 technical replicas for each biological replica. A total of 23 genes related to apoptosis were evaluated. (Table 1)

The mRNA transcription ratios were calculated using the statistical model "Pair Wise Fixed Reallocation Randomisation Test" implemented in the REST software 2009 v2.0.13 program (Qiagen GmbH, Germany), according to a report by Ptaffl *et al.*; in 2002. For up-regulation, the factor of regulation is equal to the given value in the Randomisation results. In the

Gene Name	Accession No.	Sense Primer 5'-3'	Antisense Primer 5'-3'	Biological function
BAD	NM_022698.1	GACAGGCAGCCAATAACAGTCA	AAGGGCTAAGCTCCTCCTCCAT	Proapoptotic gene
BAX	NM_017059.2	AGAACCATCATGGGCTGGAC	AGATGGTCACTGTCTGCCATGT	Proapoptotic gene
BAK	NM_053812.1	GACGATATTAATCGCGCTACG	CAGCTGATGCCGCTCTTAAATA	Proapoptotic gene
BID	NM_022684.1	CAGGTGATGAACTGGACCACAG	GGAAGGATGTCTTACCTCGTC	Proapoptotic gene
BIM	NM_171988.2	GATCGGAGACGAGTTCAATGAG	TTCTCCAGACCAGACGGAAGAT	Proapoptotic gene
BIK	NM_053704.1	ATTTCATGAGGTGCCTGGAGAG	CAGCAAGTCTGTGCATAGCAATC	Proapoptotic gene
NOXA	NM_001008385.1	GTGGAGTGCACCCGACATAACT	TGATCACACTCGTCTTCAGGT	Proapoptotic gene
TNFAIP3	XM_017589829.1	CGACAGTCAGCACTTTGTACCC	CAGGTCTGTCAAAAAGTGAACC	Proapoptotic gene
CYLD	NM_001017380.1	ATGACTCTGCCTGGCTTTCTT	GCAGGTCTCCAGAGACATCTT	Proapoptotic gene
Pel1	NM_001100565.1	CCCAGACAGTGTGGTTGAATA	ACTGCGTGTGGAATTACTCTG	Proapoptotic gene
BCL2	NM_016993.1	ACAACATCGCTCTGTGGATGAC	CAGAGACAGCCAGGAGAAATCA	Antiapoptotic gene
cIAP1	NM_021752.2	GCCACTGGTGAGAACTACAGGA	TCCGAATCAATGACAAGTCACC	Antiapoptotic gene
cIAP2	NM_023987.3	AGCGACCTCATTGAGAACTCC	TGTTCTCCATCGGTAGAGCTG	Antiapoptotic gene
Xiap	NM_022231.2	TAACCCATTCACCTGGGGAATC	CCTTGAAGTTGAATCCCATTTCG	Antiapoptotic gene
BIRC5	NM_022274.1	CTGCGCCTTCTTACAGTCAA	GGGTCTCCTCGAACTCTTTCTG	Antiapoptotic gene
Cflip	NM_001033864.2	TATAGGGTGTCTGTATGGAGA	CAGTTCAATCACCAGGTCCAAG	Antiapoptotic gene
TNFR1	NM_013091.1	GCCACGCAGGATCTTTCTAAG	AGTACCTGAGTCTGGGGTIT	Receptor TNF α
FASR	NM_139194.2	TCTTTGCACTGCACCTGGTAT	TGGGCAGACACACCTACTG	Receptor FAS
TRADD	NM_001100480.1	CCCAAGAAGAAAGTGGCAATCT	CAGAAAACGCAACTGAACGATG	TNF α signaling pathway gene
RIPK1	NM_001107350.1	GAGTCAACTCCAGGCATCAAG	AGACTCAGTGAAGCCAGCTTT	TNF α signaling pathway gene
TRAF2	NM_001107815.2	GACCATGTGAGAACGTGCAGTA	CAGCAGTAGGGCCAGATGTTT	TNF α signaling pathway gene
CASP8	NM_022277.1	GGGAGGACATACCCAACTCAG	TTGACTTGCTGTGCAATCACTG	Initiator Caspase
CASP7	NM_022260.3	CGGTGGAAGCTGACTTTCTCTT	CTGCATGATCTCCAGGTCTT	Effector Caspase
GAPDH	NM_001256799.2	CAAGTTCAACGGCACAGTCAAGG	ACCAGCATCATCACCCTTGTATCTTG	Reference gen
MAP2K5	NM_001206804.1	TTGTAAACACAAGCGGACAGGT	CTTTCCGGTGCCATATAAGCAT	Reference gen
MAPK6	NM_002748.3	TTAGTCGGGAAGCACTGGATTT	CCGTGGGAAAGAGTAGATGCT	Reference gen
RPL13A	NM_001270491.1	TCCGAGCCCCAAGCCGATTTT	AGCAGGGACCACATCCGCTTT	Reference gen
YWHAZ	NM_001135699.1	TTGGTGTGTGCTGGCGGGGAAT	TGTGCACGCAGACACAGGTCT	Reference gen
CAT		AAGCGCTTCAACAGTGTCTAATG	AGCTGAGCATCTTTCAGGTGGT	Catalase gene Used in the cDNA quality control (absence of gDNA).
pGEM-T Vector		AGCGGATAACAATTTACACAGGA	GCCAGGGTTTTCCAGTCAAGC	Used in the cDNA quality control (absence of PCR inhibitors)

Table 1. Sequence of primers used in the qPCR analysis.

case of down-regulation, the regulation factor is illustrated as (-1/factor of regulation). Statistically significant changes were considered those associated with a p-value of less than 0.05¹⁵.

Results and Discussion

Characterization of DSS-induced Colitis in rats and the histological improvement induced by rhEGF treatment

During treatment with 8% DSS, rats in all groups, except those in group I (colitis control group), experienced clinical signs indicating the presence of Colitis such as diarrhea, rectal bleeding, and weight loss (manuscript in preparation).

After sacrificing the animals, the total histopathological score (THS) of mucosa damage was calculated, as previously described, to confirm that the colitis model was established and secondly: the effect of Pellet-rhEGF on the colonic I^E²⁰.

When comparing THS between group II vs group I, an increase in histological damage was detected, confirming the colitis model's reproduction, comparing groups IV, V, and VI (treated with different doses of rhEGF) vs. group III (treated with placebo), shows the effect of rhEGF, at different doses, on the colon mucosa damage. Group IV (dose of 125 μ g / capsule/day) did not present significant THS differences concerning group III. However, Groups V and VI (doses of 250 and 500 μ g / capsule/day, respectively) did show a significant decrease in histological damage, concerning group III, indicating an improvement of the colon mucosa damage. Additionally, no signi-

ficant differences were observed between the doses of 250 and 500 μ g / capsule/day; therefore, both groups were united to determine the differential transcription profile of genes between the treated group responding to pellet-rhEGF vs. the placebo group²¹.

Diferential transcription study

Differential transcription studies by qPCR require a rigorous control in each step of the process, such as the Quality Control of the extracted RNA and of the synthesized cDNAs, as well as a normalization of the qPCR with RG that ensures that the variation of the levels of mRNA found to respond to real variations in transcription induced by EGF and are not artifacts due to errors made in the workflow. The results of each of these controls are described below:

Quality Control of total RNA purified from distal colon samples

The concentration obtained was in all RNAs greater than 100 ng / μ L. The OD 260/280 ratio (protein contamination) was within the established parameters (1.7-2.2). The samples' quality was also examined by microcapillary electrophoresis, whose program established by the Agilent company includes the calculation of the RNA integrity number (RIN). A RIN value greater than 7 was obtained in all RNAs, indicating that they can be used in a qPCR²². (table 2, fig.1 supplementary)

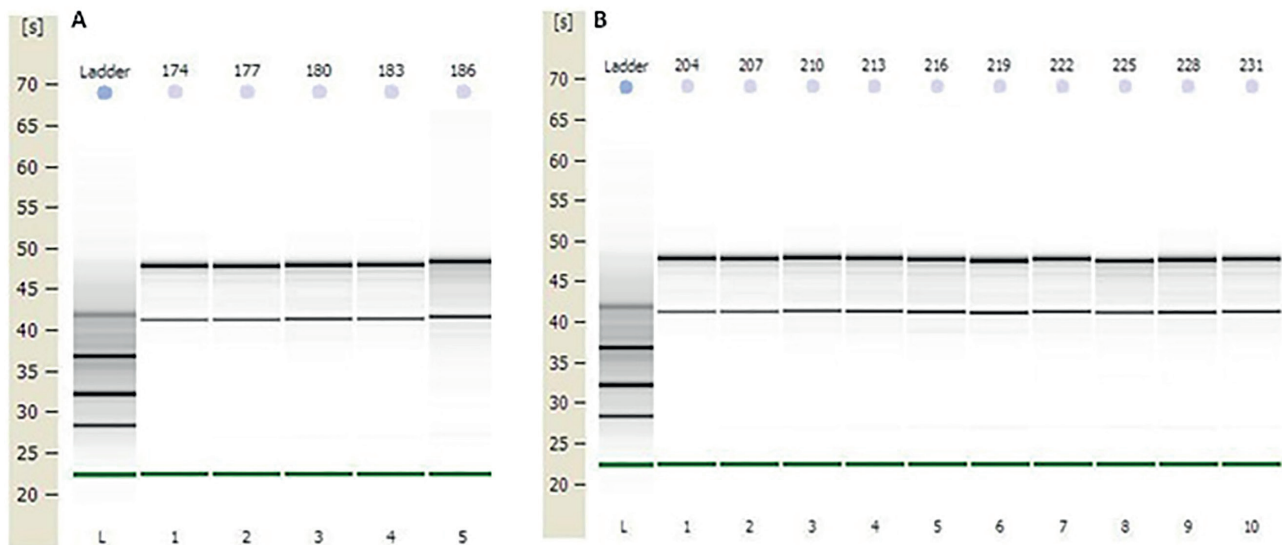


Figure 1. Capillary electrophoresis of total RNA obtained from distal colon tissue. First lane: molecular weight standard (MW ladder). The remaining lanes show the bands corresponding to the 28S and 18S rRNA subunits (retention times of 48 s and 43 s, approximately) of the total RNA of the samples. A) Total RNA from samples: 174, 177, 180, 183, and 186 (Group III). B) Total RNA from samples: 204, 207, 210, 213, 216, 219, 222, 225, 228 and 231 (Groups V and VI).

Group	Code	Conc ng/uL	260/280	260/230	RIN
III (DSS+Pellet Control)	174	1444,98	2,11	2,16	10
	177	569,95	2,13	2,19	10
	180	1663,03	2,01	2,26	9,5
	183	1072,95	2,11	2,23	9,4
	186	719,8	2,13	2,02	9,5
V DSS+ Pellet EGF 250 mg/Kg	204*	166,44	2,08	2,07	9,7
	207	1458,5	2,08	2,16	7,6
	210*	297,2	2,01	2,53	9,8
	213	1211,42	2,1	2,27	9,6
	216	1161,54	2,1	2,23	9,8
VI DSS+ Pellet EGF 500 mg/Kg	219	1242,7	2,14	2,45	9,2
	222	490,14	2,24	2,29	9,8
	225	1030,15	2,16	2,43	9,6
	228	958,21	2,16	2,46	9,4
	231	1084,65	2,14	2,3	10

Table 2. Results of the quality control of the total RNA extraction. The observed values correspond, from left to right, to: identification number of the samples, the concentration in ng / μ L, the OD 260/280, 260/230 ratio and the RIN value (RNA integrity) of each one. of the samples. * means that for their total amount of RNA, they were depleted in previous studies.

Quality control of cDNA obtained from total RNAs

To standardize qPCR's initial conditions, it is necessary to determine several parameters such as the absence of gDNA and qPCR inhibitors in the synthesized cDNAs.

A) Verification of absence of gDNA in samples of complementary DNA by qPCR

To verify that the cDNAs met this condition, qPCRs were performed with both RNAs extractions and their corresponding cDNAs, using a set of primers that amplifies a segment of CAT gene. Hybridization of these primers in the same exon of CAT gene makes it possible to efficiently amplify the gene, both in the cDNA samples and the contaminating gDNA, if it exists, obtaining in both cases a product with the same amplification profile. The modular value of the Δ Ct was more than 7 in all cases, which ensures that the gDNA if it exists, will not interfere with the Qpcr²³. (table 3, supplementary).

B) Verification by qPCR of the absence of inhibitors in the cDNAs

To verify the absence of inhibitors in the cDNA samples, qPCRs were performed using a calibrator. The amplification of this calibrator is produced with high efficiency and repro-

ducibility of the Ct values. Therefore, a decrease in the qPCR Ct of the calibrator "contaminated" with cDNA would indicate inhibitors' presence.

The modular value of Δ Ct of the reactions containing cDNA (amplification reaction of the pGEM[®]-T Vector "contaminated" with cDNA) and those containing H₂O (amplification reaction of the pGEM[®]-T Vector "not contaminated") is less than 1 in all cases (table 4, supplementary). Therefore, it can be stated that there is no presence of inhibitors in any of the analyzed cDNAs²³.

Selection of RG

The mean expression stability values (M) of an RG must be less than 1.5 for its expression could be considered stable¹⁹. The six HKGs evaluated showed M values less than 0.78. The 3 most stable genes (GAPDH, MAPK6, and MAP2K5) were selected as RGs.16 (fig. 2 supplementary)

Figure 2. Graphic of the stability analysis in the expression of the HKGs. The most stable genes are located to the right.

Transcription profile

As explained in materials and methods, the mRNA transcription ratios were calculated using the statistical model "Pair

Sample name	Sample content	Average Ct replicas	ΔCt t (Ct ARN- Ct ADNc)
174	RNA y Oligo CAT	36.81	10.96
177	RNA y Oligo CAT	36.04	10.54
180	RNA y Oligo CAT	36.31	8.05
183	RNA y Oligo CAT	36.02	10.07
186	RNA y Oligo CAT	36.90	7.99
207	RNA y Oligo CAT	40	12.82
213	RNA y Oligo CAT	40	15.64
216	RNA y Oligo CAT	36.48	10.04
219	RNA y Oligo CAT	35.19	7.92
222	RNA y Oligo CAT	40	15.35
225	RNA y Oligo CAT	33.45	7.28
228	RNA y Oligo CAT	40	16.85
231	RNA y Oligo CAT	33.36	8.4
174	cDNA y Oligo CAT	25.85	
177	cDNA y Oligo CAT	25.50	
180	cDNA y Oligo CAT	28.27	
183	cDNA y Oligo CAT	25.95	
186	cDNA y Oligo CAT	28.92	
207	cDNA y Oligo CAT	27.19	
213	cDNA y Oligo CAT	24.37	
216	cDNA y Oligo CAT	26.45	
219	cDNA y Oligo CAT	27.27	
222	cDNA y Oligo CAT	24.66	
225	cDNA y Oligo CAT	26.18	
228	cDNA y Oligo CAT	23.16	
231	cDNA y Oligo CAT	24.96	

Table 3. Check for absence of gDNA by qPCR. The Ct values correspond to the amplification from the cDNA or from the total RNAs (diluted to a concentration equivalent to that present in the cDNAs) of each sample. The ΔCt are the difference between the average Ct obtained from the replications of the reactions prepared with RNA and the average Ct resulting from the replications of the reactions prepared with RNA with the corresponding cDNAs.

Wise Fixed Reallocation Randomisation Test" implemented in REST software. REST© allows a comparison of target genes with reference genes in two experimental groups. Relative quantification of a target transcript is based on the mean CP deviation of control and sample group, normalized by a reference transcript.

The Randomisation test is a useful alternative to standard parametric tests for analyzing the experimental data. It's results allow us to determine if the specific mRNA in the sample group in comparison with the control group is up- or down-regulated and illustrates the factor of regulation and if this up- or down-regulation is significantly different or not²⁴.

In the comparison of transcription profile found in EGF treated rats that respond to EGF (Group V + VI) vs. placebo (group III), the following change was observed:

Of the genes analyzed (Table 1), nine pro-apoptotic genes showed a statistically significant decrease in mRNA level including, both those related to mitochondrial apoptosis: BAD (Bcl2-associated death promoter), BAX (Bcl2-associated X protein), BAK (BCL2-antagonist / killer 1), BCL211 (BCL2 like 11, also known as BIM), BIK (Bcl-2-interacting killer), BID (BH3 interacting domain death agonist), NOXA (NADPH oxidase activator), as with external apoptosis: A20 and CYLD (fig.3).

Figure 3. mRNA regulation factor in colon biopsies of apoptosis related genes evaluated by qPCR. Data are represented as regulation factor of mRNA level of animal model treated with pellet-hrEGF vs animal model treated with pellets-placebo (normalized with the selected RGs), obtained with a Pair Wise Fixed Reallocation Randomization Test implemented in REST software 2009 v2.0.13 (Qiagen GmbH, Germany). For up-regulation, the factor of regulation is equal to the given value in the Randomization results. In the case of down-regulation, the regulation factor is illustrated as (-1/ factor of regulation). * mean statistically significant variations in mRNA levels

The balance between pro-apoptotic and anti-apoptotic proteins is what determines whether mitochondrial apoptosis occurs or not. The decrease mRNA level of 7 pro-apoptotic

Sample name	Sample content	Average Ct replicates	ΔCt (Ct C + - Ct samples)
174	cDNA and Calibrator	22.87	0.225
177	cDNA and Calibrator	22.85	0.205
180	cDNA and Calibrator	22.81	0.165
183	cDNA and Calibrator	22.82	0.225
186	cDNA and Calibrator	22.825	0.18
207	cDNA and Calibrator	22.89	0.245
213	cDNA and Calibrator	22.89	0.245
216	cDNA and Calibrator	22.98	0.335
219	cDNA and Calibrator	22.86	0.215
222	cDNA and Calibrator	22.945	0.3
225	cDNA and Calibrator	22.935	0.29
228	cDNA and Calibrator	22.955	0.31
231	cDNA and Calibrator	23	0.355
C- ADNc	C- cDNA and Calibrator	22.84	0.195
C + Calibrator	H ₂ O and Calibrator	22.645	0

Table 4. Values of Ct and ΔCt, obtained in the check of inhibitors by qPCR. In column three: the average Ct values of the positive control "contaminated" with the samples and the calibrator. In column four: Modular value of the difference in average Ct of the positive control and the control "contaminated" with the cDNAs (ΔCt = t (Ct (calibrator) -Ct (calibrator cDNA) t).

genes of mitochondrial apoptosis might suggest a shift in the balance of apoptosis regulation, favoring the decrease in mitochondrial apoptosis^{25,26}.

The RPK1 protein acts at the crossing of the pathways towards apoptosis or inflammation. Its degree of ubiquitination determines whether inflammation or apoptosis takes place. The non-ubiquitinated form induces apoptosis^{9,10}. Therefore, the decrease in the TNFAIP3 and CYLD genes that code for enzymes that remove the ubiquitin tail from RIPK1 suggests a decrease in external apoptosis. Likewise, the statistically significant decrease of the TNFR1 and RPK1 genes involved in transmitting the TNF α signal argue for a decrease in both inflammation and external apoptosis.

The significant increase of the mRNA level of XIAP (X-linked apoptosis inhibitor) and BIRC5 (baculoviral inhibitor of repeat-containing apoptosis 5, also known as survivin), could also contribute to a reduction of apoptosis. Proteins coded by these anti-apoptotic genes can inhibit the catalytic activity of the effector caspases 3, 7 and the initiator caspase 9 (fig. 3)^{27,28}.

Healing of the intestinal mucosa is a marker of remission and a predictor of long-term positive IBD results²⁹. Despite this, medications currently approved for the treatment of IBD can inhibit the repair of the IE ulcers³⁰. The development of biological therapies such as growth factors that accelerate the healing process of ulcers of the intestinal epithelium, then constitute an attractive therapeutic objective. On the other hand, growth factors have been associated with cancer, and this has caused concern that its use could increase the risk of Colitis associated cancer (CAC), which has limited the progress of UC therapy with the EGF³¹. It is also reported that decreased apoptosis is an essential mechanism in carcinogenesis and the cancer resistance to chemotherapy³².

However, the main mechanism that links inflammation to preneoplastic genetic alterations is the chronic OS, which constitutes a constant danger of damage to the IE, causing mutations in DNA as well as damage to cellular proteins and lipids³³. Consequently, it has been shown that direct or indirect inhibition of OS avoid DNA damage and decreases the development of intestinal tumors³⁴.

A group of genes associated with the development of CAC, such as cytokines: IL-6, IL-1b, TNF α , and transcription factors NF κ B and STAT3, are reported³⁴. Our group has recently reported that these genes, as well as other genes associated with inflammation and OS, significantly decrease their transcription in colon biopsies of this colitis model treated with hrEGF²¹. Therefore, a decrease in IEC apoptosis, far from assuming an increased risk of CAC, could reduce this cancer risk. This is consistent with other studies in animals that indicate that activating the EGF pathway could reduce CAC's long-term risk in UC³⁵. All these changes in the transcription profile of the analyzed genes could suggest a decrease of apoptosis in the IEC, which could favor IE's integrity and, therefore, reduce inflammation, supporting the use of EGF for the treatment of UC in its initial stage. (Fig. 4)

Figure 4. Scheme on the effect in apoptosis of hrEGF in the treatment of ulcerative Colitis in an induced model in rats with DSS.

Despite these results observed in a model of Colitis in rats, for the use in humans of therapies of this type, it would always be necessary to deepen the question of drug biosecurity.

A limitation of this gene transcription analysis in this study in experimental Colitis is that at the moment, the results of proteomics studies that support these results are not available. Despite this, our results constitute a snapshot of the EGF-induced transcriptional activity in genes related to apoptosis.

Conclusions

In this colitis model in rats, hrEGF induces the IEC a decrease in the mRNA level of pro-apoptotic genes and an increase in the mRNA level of anti-apoptotic genes. This could reduce apoptosis in the intestinal epithelium, favoring the healing of typical colitis ulcers. The previous mechanism could at least partly explain the previous reports of the positive effect of EGF in ulcerative colitis therapy.

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