

Article

## Histopathological effects of *Cryptococcus neoformans* on liver and kidney in mice

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**Abstract,** This study provides a brief review of approaches for detection of histopathological effects of *Cryptococcus neoformans* on liver and kidney in mice which was injected I/P with 10<sup>5</sup> yeast cells of *C. neoformans* suspended in 1 ml phosphate-buffered saline, at a single dose. After 14 days the mice were sacrificed and histopathological sections from liver and kidney were prepared and stained with Haematoxylin and Eosin as well as by the PAS method. The results show that the liver was infiltrated by inflammatory cells, mostly mononuclear cells in the portal area, in addition to activation of Kupffer cells and vacillation of hepatocytes, most blood vessels were congested. While, the section of kidney shows sluffing of epithelia lining tubules, and complete destruction of glomeruli, in addition to infiltration of mononuclear cells.

**Keywords,** *Cryptococcus neoformans*; Hepatic cryptococcal infection; Cryptococcuria

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### 1. Introduction

A fungal illness known as cryptococcosis is brought on by the pathogens *Cryptococcus neoformans* and *C. gattii*, which resemble yeast<sup>1</sup>. *Cryptococcus neoformans* serotype A is responsible for around 95% of reported cryptococcal infections; the remaining 5% are caused by other serotypes or by *Cryptococcus gattii*<sup>2</sup>. It is an illness that is contracted by the inhalation of spores or yeast cells that have been dried from environmental sources such as plant matter, soil, and bird excrement<sup>3</sup>. *Cryptococcus* spp. is widespread and the most significant species with regard to medicine<sup>4</sup>. When seen under a microscope, the fungus appears as an oval or globular yeast with a diameter of 3-8 μm to 8 μm. It is often encased in a mucopolysaccharidal capsule. The phenoloxidase enzyme causes the capsule to create a significant amount of melanin. The abundance of substrates for phenoloxidase activity in brain tissue may help to partially explain *Cryptococcus* preference for the central nervous system<sup>5</sup>. As an encapsulated yeast known as *Torulahistolytica* or European blastomycosis, *Cryptococcus* spp. may avoid the immune system's defense mechanisms and spread primarily from the lungs and central nervous system to the blood, skin, eyes, skeletal system, and urinary tract<sup>6,7</sup>. Cryptococcosis is brought on by inhaling spores or dried yeast cells, and it results in approximately 180,000 fatalities globally each year, including nearly 15% of all AIDS-related deaths<sup>8</sup>. Although a population of *C. neoformans* may remain dormant for long periods of time in immunocompetent persons, this often results in an asymptomatic lung infection that is managed by the host immune response<sup>9</sup>. The disease progression results in a highly lethal form of meningoencephalitis<sup>8</sup>. Cryptococcosis in animals is a systemic fungal infection of worldwide significance that usually initially infects the nasal cavity, paranasal tissues, or lungs. It can then disseminate, most commonly to the skin, eyes, or central nervous system. Nasal cryptococcosis is frequently seen with clinical signs including sneezing, snoring or snorting, dyspnea, nasal deformities and/or a mucopurulent, serous or sero-sanguineous nasal discharge<sup>10,11</sup>. *Cryptococcus* infections have been reported in a broad range of animals, including cats, dogs, horses, birds, and koala bears<sup>12</sup>. The most common symptom of hepatic cryptococcal infection is cholestatic jaundice, which can quickly proceed to liver failure and death in cases of widespread illness<sup>13</sup>. In urinary tract infection or a diffused illness manifestation, cryptococcuria is a rather uncommon presentation in human patients (UTI). Patients frequently have an underlying, immune-compromising illness when cryptococcuria is diagnosed in individuals<sup>14</sup>.

### 2. Materials and Methods

### 2.1. Animals utilized in experiment

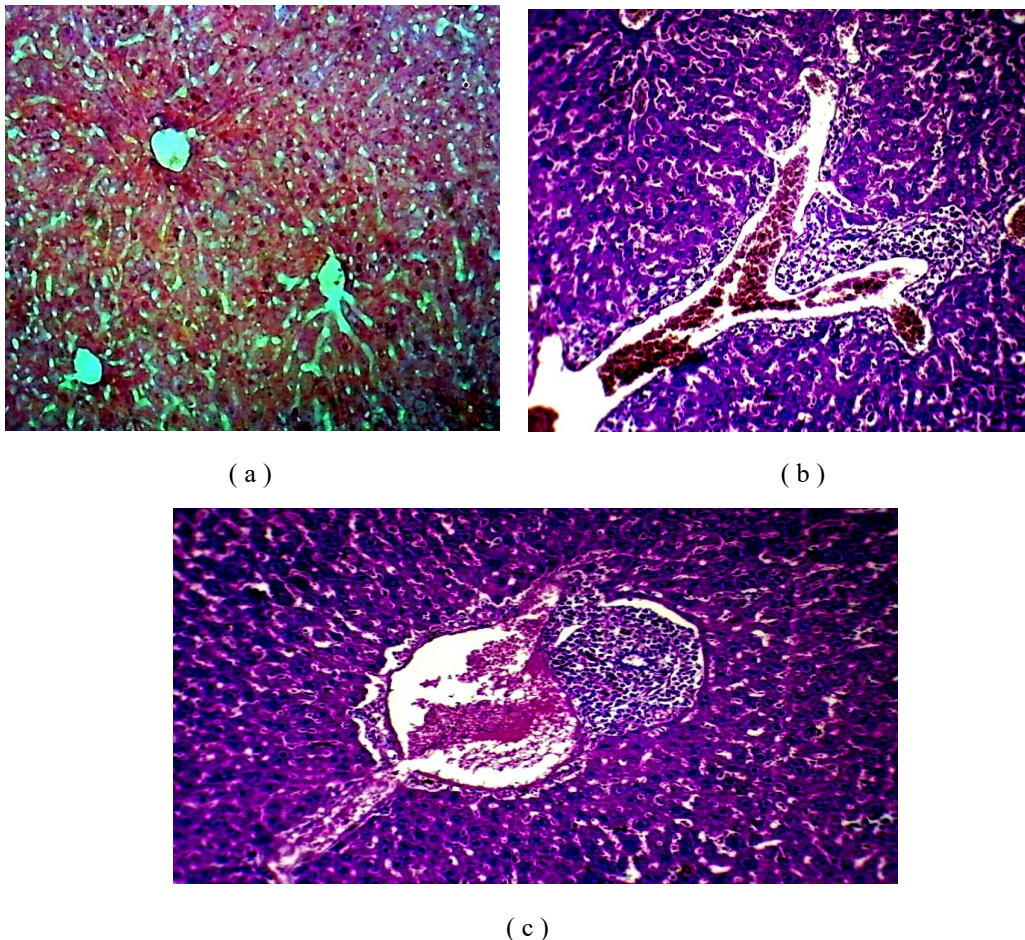
Twenty albino BALB/C female mice, weighing an average of 22–25g, were used. Animals were housed in cages in pairs and were fed water. A total 10 mice from the first group (G1) were utilized as the control group and not given any treatment; whereas, 10 mice were injected intraperitoneally a single dose of *Cryptococcus neoformans* suspension that contain  $10^5$  yeast cells into each 1 ml of PBS.

### 2.2. Histopathological sections

Samples of liver and kidney were collected after scarification of mice at 14 days of single administration of *C. neoformans*, and kept in 10% formaldehyde solution for fixation in order to preserve the figures, size, and tissue for specimens, then processed routinely using the histokinette<sup>16</sup>. The specimens were washed with distilled water several times in order to remove large proportion of fixative, and dehydration by passing the specimens through ascending gradual of ethanol (50,70,80,95 and 100) % in each run the treat with methylbenzoate 24 hrs and then was rehydration by gradual of ethanol (100, 95, 80, 70 and 50) % in each run. The samples were cleared by xylol, embedded in paraffin wax at 70°C, sectioned by microtome at 5–6 micron of thickness. The slides were mounted and covered with a coverslip using albumin at 56°C, stained with Eosin and Hemtoxylin, and examined under light microscope at 400X<sup>17, 18</sup>.

## 3. Results

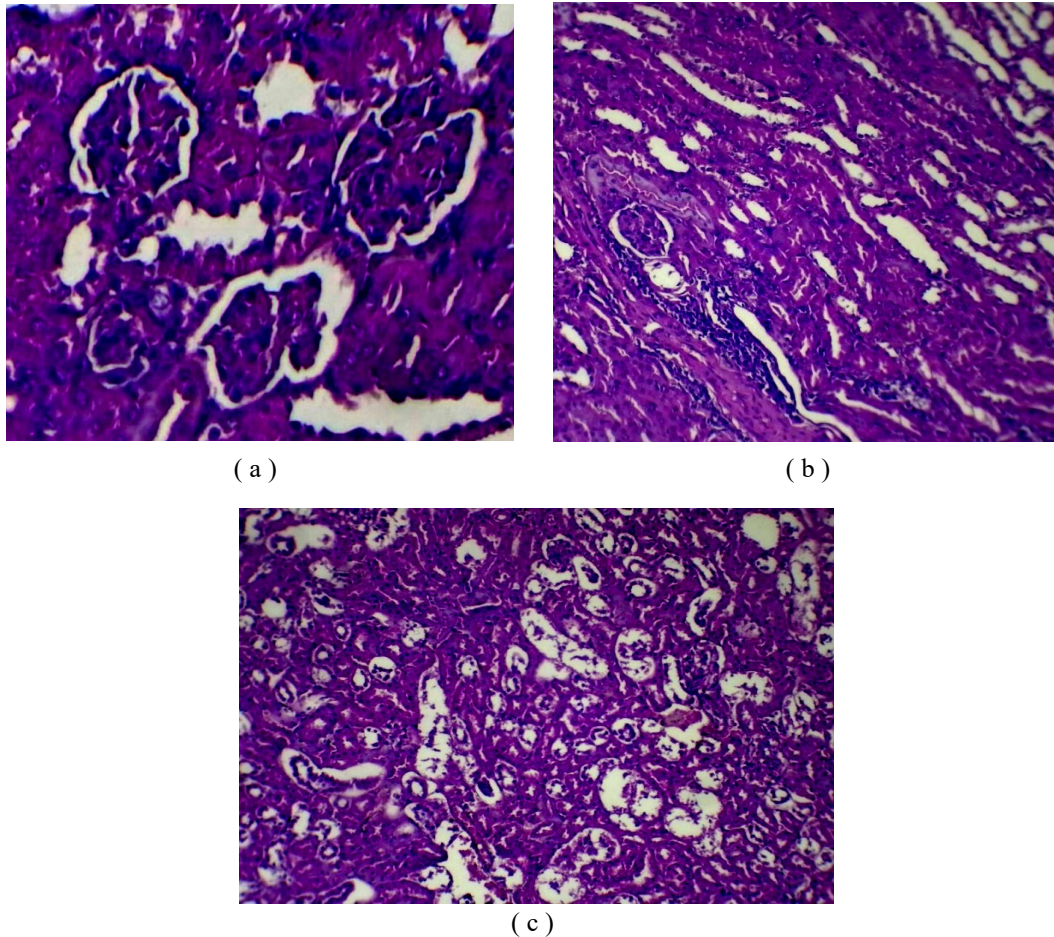
Microscopic examination of liver sections for the control group was revealed normal architecture of hepatic lobules and sinusoids lined by thin capillaries, and surrounded by portal area composed from portal vein, portal artery, and bile ductules in interstitium (Figure 1a). While, liver of mice which infected with *C. neoformans* showing liver with infiltrated of inflammatory cells mostly mononuclear cells in portal area in addition to activation of Kupffer cells and vacillation of hepatocytes, most blood vessels were congested (Figure 1b & c).



**Figure 1.** Histopathological section of liver of, (a) Control group showing many lobules each lobules contain central vein surrounded by hepatic cord and separated by sinusoid; (b & c), Infected mice with *C. neoformans* showing infiltration of inflammatory cells mostly

mononuclear cells in portal area in addition to activation of Kupffer cells and vacillation of hepatocytes, most blood vessels were congested, (H & E stain, 400X).

For kidney, microscopic examination for histological section of control mice were showed a normal renal tubules. As well as, the cortex and normal glomerular tufts were covered by a thin dense connective tissue capsule with adipose tissue (Figure 2a). While, the kidney section of infected mice with *C. neoformans* showing kidney with sluffing of epithelia lining tubules, and complete destruction of glomeruli, in addition to infiltration of mononuclear cells (Figure 2b, c).



**Figure 2.** Histopathological section of kidney of, (a) Control group showing normal glomeruli and tubules; (b) Infected mice with *C. neoformans* showing kidney with sluffing of epithelia lining tubules, and complete destruction of glomeruli with infiltration of mononuclear cells, (H & E stain, 400X).

#### 4. Discussion

The results showed the hepatic tissue section of mice infected with *C. neoformans* with vacuolation of hepatocytes, dilation of sinusoids and central veins as well as portal veins that containing the fibrinous network trapped few PMNs, fibrilles of fibrin precipitated on the endothelial layer of blood vessel cause thickening of vascular wall and congestion of blood vessels which agreement with Al Kaaby (2009)<sup>19</sup>. Additionally, there were an infiltration of inflammatory cells especially mononuclear cells and activation of Kupffer cells in hepatic lobules, fungi can enter the liver or even whole body through the damaged mucosal membrane cause aggravate liver damage<sup>20</sup>. As observed in figure (2), the renal section of mice were treated with *C. neoformans* revealed a complete destruction of glomerular tuft, sluffing and convoluted tubules proximal and distal epithelial linings are deteriorating with infiltration mononuclear cells these defect also seen in other study<sup>21,22,23</sup>. These findings might be due to the disseminated of cryptococcosis. Fungal infection is associated with animals lose weight, their blood cell and leukocyte counts drop, their plasma glucose levels drop, and their stomach, liver, and kidneys develop pathological abnormalities<sup>24</sup>. Finally, renal involvement with cryptococcosis in animals is rare, and it has only sporadically been demonstrated in cats with systemic cryptococcosis by the detection of fungi during necropsy or urine sediment analysis<sup>15</sup>. Therefore, the aims of this research were to study the histopathological effects of *C. neoformans* on liver and kidney.

## 5. Conclusions

This study concludes that the fungus invasiveness of mice have strongly effects on vital organs and may lead to death, as well as the histopathological effects of *Cryptococcus neoformans* on liver and kidney in mice *Cryptococcus neoformans* causes severe damage liver and kidney suggesting impacts public health. Furthermore studies are of great importance to estimate the effect of this bacterium on other tissues and organs and to invent active methods for prevention or reducing their serious effects.

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**Conflicts of Interest,** The authors declare no conflict of interest.

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