

Article

Association between Interleukin-17 rs2275913 G/A Gene Polymorphism and Susceptibility and Severity of Rheumatoid Arthritis in a sample of Iraqi patients

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ABSTRACT

Rheumatoid arthritis (RA) is a chronic autoimmune disease characterized by synovial hyperplasia, cartilage damage, and bone erosions. Rheumatoid arthritis occurs in about 5 per 1,000 people and can lead to severe joint damage and disability. The clinical manifestations of symmetrical joint involvement include arthralgia, swelling, redness, and even limiting the range of motion. This study investigated the role of IL-17A rs2275913 G/A gene polymorphisms associated with susceptibility and severity to clinic pathological features of rheumatoid arthritis in a sample of Iraqi patients. The study includes one hundred subjects of Iraqi patients in the Rheumatology Unit of AL-Hindya General Hospital in Karbala province. Samples were divided into two groups. The first group included patients, while the second group included those who were healthy. DNA was extracted, then the Genotyping polymorphism (rs2275913) of the gene Interleukin-17 was done by RT-PCR. The genotyping and allele frequencies of IL-17 rs2275913 G/A for the two groups showed no significant differences in genotype between patients and controls. Compared to the GA genotype between control and patients, the heterozygous GA genotype was not significantly different from controls ($X^2=0.614$, $OR=0.166$), and the TT genotype had no significant differences for RA ($X^2=0.436$, $OR=1$)

Keywords: Rheumatoid arthritis (RA), genetic polymorphism, RF, CRP and IL-17 level

INTRODUCTION

Rheumatoid arthritis (RA) is a chronic autoimmune disease characterized by synovial hyperplasia, cartilage damage, and bone erosions. Rheumatoid arthritis occurs in about 5 per 1,000 people and can lead to severe joint damage and disability. The clinical manifestations of symmetrical joint involvement include arthralgia, swelling, redness, and even limiting the range of motion¹. RA is a persistent inflammatory disorder that causes synovial inflammation and hyperplasia, autoantibody formation (rheumatoid factor [RF] and anti-citrullinated protein antibody (Anti-CCP), cartilage and bone loss, and other systemic symptoms². The prevalence population varies according to both sexes (women are afflicted two to three times more frequently than males), age, and

race (frequency of new RA diagnoses peaks in the sixth decade of life) ³. Rheumatoid Arthritis (RA) is an autoimmune disorder where multiple cytokines, including IL-17A and IL-17F, produced by T helper cell 17 (Th17), contribute to its pathogenesis. Th17 acts as a pathogenic driver by initiating inflammatory responses in joints, leading to bone and cartilage destruction in RA patients ⁴.

Cytokines have synergistic, antagonistic, redundant, and pleiotropic biological effects. They are classified as pro-inflammatory and anti-inflammatory. The balance of pro-inflammatory and anti-inflammatory cytokines appears to dictate the fate of T-cell polarization during the immune response ⁵. The cytokines' significance in inflammation and potential as extracellular therapeutic targets in RA, a dysregulated systemic immune response leads to immune cell infiltration into the joint synovium ⁶. Consequently, pro-inflammatory cytokines are overproduced ⁷. These attract more inflammatory and immune cells, causing the production of further cytokines, chemokines, and matrix metalloproteinases, which destroy the joint. Therefore, inhibiting pro-inflammatory cytokines or their receptors presents a treatment option for RA patients ⁸. There is no single test that can definitively diagnose RA. So, we can count the most important tests used for diagnosing RA based on clinical features, radiological findings and laboratory tests ⁹.

MATERIALS AND METHODS

One hundred volunteers were taken in this study. Fifty patients with RA and fifty healthy were randomly selected between November 2021 and February 2022 at the Rheumatology Unit of AL-Hindyia General Hospital in Karbala province. A questionnaire was taken from the patients, and the case sheet included age, gender, residence, height, weight, and previous history of the disease. In this study, 100 volunteers were used and divided into two groups; the first group included patients, while the second group included healthy. Two ml of peripheral blood from all select subjects were collected and placed into a sterile plain tube that contained EDTA, and three ml of serum were collected and placed into a sterile plain tube. The blood and serum were placed in a cool - box under aseptic conditions and transferred to the laboratory. Serum CRP and RF were measured by the latex method. Serum IL-17 levels were measured by ELISA test. Genotyping of polymorphism rs2275913 of the IL-17 gene was done using Taq man SNP genotyping Assays. A set of primers was used to amplify specific regions within the IL-17 gene. The forward primer 5`-AACATGAATTTCTGCCCTTCCC-3` and the Reverse primer 5`-GGTCACTTACGTGGCGTGT-3`. Fam-Probe 5`-TCCTTCAGAAGAAGAGATTC-3` and Hex-Probe 5`-CCTTCAGAAGGAGAGATTC-3`. The thermal cycling program was as follows: Carryover prevention at 50 C° for 2 min, followed by enzyme activation at 95 C° for 10 min, followed by 40 cycles of two steps (the first one was denaturation at 95 C° for 30 seconds and the second step of annealing for 1 min sec (60 C°).

Statistical Analysis

The statistical analysis system- SAS (2018) program was used to detect the effect of different factors on study parameters. T-test and LSD test were used to significantly compare between means. The chi-square test was used to significant compare between percentage (0.05 and 0.01 probability). Estimate of Odd ratio in this study. SAS. 2018. Statistical Analysis System, User's Guide. Statistical. Version 9.6th ed. SAS. Inst. Inc. Cary. NC. USA

RESULTS

Distribution of Rheumatoid Arthritis Patients and Control Group According to Rheumatoid Factor.

Table (1) contains the percentage of patients with positive RF and those with negative RF. Most patients (64%) have positive RF, while the rest (36%) have negative RF with P-value < 0.008. The control group is divided into two subgroups. The first has a positive RF and consists of about 20% of the control group. The remaining 80 % of the control group has a negative RF.

RF	Cases (50)		Control (50)		OR	X ²	p-value
	Freq	Perc.	Freq.	Perc.			
Positive	32	64.0	10	20.0	1.81	7.0	0.008 **
Negative	18	36.0	40	80.0			
Total	50	100.0	50	100.0			

Table 1. Rheumatoid factor of patients with rheumatoid arthritis and control group. OR: Odds Ratio, X2: Pearson's Chi-Square, P: Probability, HS: Highly- significant at P value < 0.01

Rheumatoid factors (RF) are found in various diseases, including autoimmune and non-autoimmune diseases and rheumatoid arthritis (RA). It has been proven that up to 4% of young people, healthy people and the elderly have ¹⁷. According to our results, the sensitivity of the rheumatoid factor IgG test is 60 percent. The results of this study are consistent with those of a previous study that found sensitivity to rheumatoid factor IgG in the range of 60-80 percent ¹⁸. RF was positive in 75% of RA patients compared to 5% among controls. The RF seropositivity varies among RA patients in different studies, ranging from 57% ¹⁰ ¹⁹. 90.3% ²⁰. and 100% (“The Clinical Significance of Interleukin-15 and Interleukin-17 in Patients with Rheumatoid Arthritis,” 2014). In this study, 75% of RA patients were rheumatoid factor positive. This may be attributed to the size of study population and the method of estimation of RF positivity and titer used beside the time of patient's selection. Also, RF and anti-CCP are considered very helpful during the diagnosis of RA. However, anti-CCP shows a superior specificity than RF for diagnosing RA ²¹.

Distribution of Rheumatoid Arthritis Patients and Control Group According to C-reactive Protein.

The results of C-reactive protein (CRP) in the current study showed highly significant differences in patients with rheumatoid arthritis than healthy control (P = 0.001), as shown in table (2). The current study observed that CRP in patients with RA is positive in 44/50 (88%) and negative in 6/50 (12 %); furthermore, in the control group, CRP is positive in 7/50 (14 %) and negative in 43 /50 (86 %).

CRP	Cases (50)		Control (50)		OR	X ²	p-value
	Freq.	Perc.	Freq.	Perc.			
Positive	44	88.0	7	14.0	1.162	1.110	0.001**
Negative	6	12.0	43	86.0			
Total	50	100.0	50	100.0			

Table 2. Distribution of rheumatoid arthritis patients and control groups according to C-reactive protein. OR: Odds Ratio, X²: Pearson's Chi-Square, P: Probability, HS: highly significant, P value (P < 0.01)

C-reactive protein sensitivity was found to be around 88 % in the current study, indicating that it has high specificity in RA patients. This result agreed with CRP seropositivity was 82.5% and 7.5% for RA patients and controls, respectively. C reactive protein (CRP) provides suitable information about the acute phase response²². However, in the state, the lack of the disease activity score index (DAS28) may influence the association of CRP with RA patients. This is also contrary to a study in which the level of CRP was shown to be significantly correlated with the severity of RA²³. In this study, RA patients 44/50 (88%) showed positive for CRP, while 7/50 (14 %) were negative for CRP (Table 4-5). It is indicated that CRP can be used as a serum marker for RA²⁴.

Following an inflammatory event, IL-6 stimulates hepatocytes to produce the acute-phase reactant C-reactive protein (CRP)²⁷. Smooth muscle cells, macrophages, endothelial cells, lymphocytes, and adipocytes have also been shown to express CRP²⁸. CRP binds to immunoglobulin Fc gamma receptors (FcγR), causing pro-inflammatory cytokines to be generated, resulting in an inflammatory amplification loop²⁹. CRP can play a direct role in bone degradation in RA, according to may preclinical evidence. The activation of receptor activator of nuclear factor-κB ligand (RANKL) expression, which activates osteoclast genesis and leads to bone resorption, causes bone degradation. In the absence of RANKL, CRP induces RANKL expression in peripheral blood monocytes and promotes osteoclast differentiation³⁰. According to the core components of the 28-joint Disease Activity Score, higher CRP levels are correlated with greater RA disease activity (DAS28)³¹.

3.3. Measurement of Interleukin-17 Level of RA Cases and Control Groups:

The concentration levels of IL17 in RA cases increased significantly (P<0.016) in RA patients with mean ± std error (148.06±11.834) in comparison with control with mean ± std error (121.12±3.663) that shown in table (3)

Variables	Mean ± Std error	T-test	P-Value
IL_17 Cases	148.061 ± 11.834	3.174**	0.016
IL_17 Control	121.126 ± 3.663		
* (P≤0.05), ** (P≤0.01).			

Table 3. IL-17 distribution among RA patients and control groups. **T-test at significant 0.05

The present study showed a significant difference in IL17 between the RA patient group and the healthy control group, and these observations were consistent with other previous studies in Iraq and other countries. Serum IL17 concentrations were significantly higher in the Iraqi sample of RA patients compared to controls.

This may help in the diagnosis of RA and suggest potentially an effective treatment³². Another Iraqi study present that the significantly higher levels of IL-17 among RA patients than the control group. This observation is consistent with several studies³³. In the Tunisian population, Plasma IL-17 concentration was significantly higher in RA patients than in controls³⁴.

The important role of IL17 in some autoimmune diseases, especially with RA disease³⁵. These findings may be according to the fact that IL17 has a main role in stimulating other pro-inflammatory agents and aids in the accumulation of dendritic cells, monocytes, neutrophils and TNF α that lead to inducing of inflammation and then the progress of the disease to reach destruction of joint^{36,37}. This result agrees with the finding of³⁸. Who referred to elevation of IL17 and IL22 in RA patients compared to osteoarthritis patients and healthy controls. Some other studies reported an increase in IL 17 levels and its role in the pathogenesis of RA^{39,40}

3Genotype Distribution and Allele Frequency of IL-17 rs2275913 G/A in Patients and Control Groups

The genotype and allele frequencies of the IL-17 rs2275913 G/A for the two study groups (controls and patients) are shown in Table (4). All genotype frequencies of the control and patient groups confirmed the Hardy-Weinberg equilibrium (HWE).

Genotype rs2275913 G/A	Patients No. (%)	Control No. (%)	Chi-Square (χ^2)	P-value	OR (CI.)
GG	36 (72.00%)	34 (68.00%)	0.436 NS	0.815	Ref. =1
GA	6 (12.00%)	4 (8.00%)	0.614 NS	0.393	0.166 (0.06-0.49)
AA	8 (16.00%)	12 (24.00%)	0.436 NS	0.801	0.209 (0.11-0.46)
Total	50 (100%)	50 (100%)			
Allele	Frequency				
G	0.78	0.72	---		
A	0.22	0.28			
NS: Non-significant.					

Table 4. Genotype distribution and allele frequency of rs2275913 G/A in patients and control groups. OR: odds ratio; X²: Person's Chi Square

The detection of the genotype of IL-17 G\A rs2275913 gene polymorphism with allele frequencies between the study groups (patients and control), as shown in Table (4), revealed a significant increase of GG genotype in RA patients with a percentage of 72% compared with control groups with 68%, respectively with P \leq 0.815. Moreover, there was a significant decrease of AA genotype in RA Patients with a percentage of 16% compared with control groups with a percentage of

24%, with $P \leq 0.801$. In addition, there was a significant increase in GA IL-17 genotype in a patient group with a percentage of 12% compared with control groups with a percentage (8%) with $P \leq 0.393$.

This study could be explained as a protective homozygous genotype AA of IL-17 rs2275913 G/A. In other words, the A allele is a protective allele for skeletal tissue by holding back the activity of osteoclasts genetically contrary to the G allele⁴⁴. This study found no significant association between IL-17A rs2275913 and disease susceptibility. This result confirmed a previous report on the Tunisian population⁴⁵. Again, most of the published studies were performed in Algerian⁴⁶ and Polish⁴⁷. Brazilian⁴⁸. and Chinese populations emphasized the lack of association between the IL-17A rs2275913 and RA risk.

Nevertheless, two studies performed in Norway and Brazil reported that the rs2275913 polymorphism increased the risk of RA. In Norwegian patients, the IL-17AG allele conferred a weak risk⁴⁹. At the same time, the risk for RA was moderate for the IL-17G/G genotype in the Brazilian study⁵⁰—accordingly, the meta-analysis of⁵¹. The IL-17 AA allele conferred a weak protective role for RA risk. In this meta-analysis, the highest weight of the included studies was for the Norwegian report⁵², as it involved 950 RA patients and 933 healthy controls. Therefore, the risk conferred by IL-17A rs2275913 G allele in RA predisposition might be weak. This could explain the absence of association reported in the mainstream of published studies and the present study. Besides, we did not note any association between IL-17A polymorphism and RA activity. This data corroborates the results of previous reports in diverse populations. However,⁵³ reported that patients with one copy of the IL-17AA allele were good responders to methotrexate therapy. Likewise, the IL-17G/G genotype was predictive for the highest activity in patients under anti-TNF therapy in a Polish study⁵⁴. The rs2275913 polymorphism in the IL-17A gene is located in the promoter at position -197. Until now, its functional impact is unknown, but the current data suggest it may enhance the promoter activity, resulting in a higher cytokine secretion. So far, IL17 gene polymorphisms have not been widely investigated in RA patients. When examining the association between IL17A gene polymorphisms and RA in Norway and New Zealand patients⁵⁵. A weak association between RA and the promoter SNP rs2275913 was found in the Norwegian population. This association was not replicated in the RA cohort from New Zealand.

Our study has potential limitations, which could contribute to the false positive or negative results. First, our sample size may not be large enough to detect an association of a gene with the same effect of RA. Our control groups were smaller than RA groups, so the power of this study is not too high. Nevertheless, the analysis of polymorphisms should rely on clinically well-described groups and not just on the sample size. Unfortunately, in our study, only one SNPs was tested in patients with RA and control. These findings demonstrated that the IL-17 F variant might be associated with increased disease activity in Iraqi patients with RA. However, further studies associated with IL-17F expression and its genetic analysis in large RA cohorts with clinical data are warranted⁶⁰. So, the results of this study suggest that IL17A gene polymorphism is not an important factor associated with susceptibility and some clinical parameters of RA in the Iraqi population. Nevertheless, this hypothesis requires further investigation.

The data of allele frequencies of point mutation on IL-17 rs2275913 G/A gene polymorphism in two study groups (control and patients) are presented in Table (4). For the patients' group, the allele frequency of (G) was 0.78 %, but (A) allele frequency was 0.22 % according to the Hardy-Wienberg equation. In comparison, for control groups, the allele frequency of (G) was 0.72 %, but the

(A) allele was 0.29 % according to the Hardy-Wienberg Equation (HWE) (Table 4). Table (4) shows no significant differences in allele frequencies of IL-17 rs2275913 G/A gene polymorphism with the risk of rheumatoid arthritis in a sample of Iraqi Patients.

DISCUSSION

This higher proportion of RF-positive patients compared to RF-negative patients is attributed to the fact that these antibodies are pentameric IgM antibodies that bind to the Fc portion of human immunoglobulin G, making it elevated in autoimmune disease or inflammation, as well as in healthy patients, rheumatoid arthritis is an inflammatory disease, so this will cause this protein to be elevated¹⁰.

Rheumatoid Factor (RF) has been widely used as a screening test for patients with arthritis. A recent study revealed that RF titer reflected RA disease activity¹¹. However, RF is present in patients with other autoimmune and infectious diseases and even in a noticeable proportion of normal healthy subjects, particularly those aged¹². Rheumatoid factor values in patients seem inconsistent, where¹³ demonstrated that (77.1 %) of RA patients were positive and (22.9 %) were negative¹⁴. However, several Iraqi studies demonstrated that all patients had a positive result for RF¹⁵. High serum levels of RF are a hallmark of rheumatoid arthritis and can be used to monitor disease activity¹⁶.

Furthermore, IL-17 is a potent inducer of CRP from human smooth muscle cells and hepatocytes²⁵. Another recent study showed that the percentage of Th17 cells in SF positively correlated with CRP) and There were direct significant correlations between serum IL-17 levels and inflammatory markers as ESR and CRP and serological markers as anti-CCP²⁶.

Interleukin-17 is one of the important cytokines that have a vital role in developing and progressing RA disease's pathogenicity and is used as a target site for biological treatment.⁴¹ That interleukin 17 aids in the secretion of another pro-inflammatory cytokine (IL6, IL1, IL8 and tumor necrosis factor- α), which can be manifested in synovial fluid and serum of RA patients^{42,43}.

In this study, the IL-17A AA genotype showed a significant association with RA. However, these results contradict a previous study in which the IL-17A GG genotype increased RA susceptibility among Caucasian populations. Thus, population deference could be the main reason since the IL-17A GG genotype was not associated with RA susceptibility among Mongolians. IL-17A genotypes were not associated with RA susceptibility in Egyptian and Polish populations. Furthermore, in a study conducted among a Tunisian population, IL-17A polymorphisms did not show any significant association with RA prevalence⁵⁶. Significant relationships were discovered between inflammatory illnesses, the IL-17A rs2275913 A versus G allele, and the GA vs. GG genotype in the codominant model. According to this data, those with the rs2275913 A allele or GA genotype had a 20% or 41% higher risk of inflammatory disorders than those with the G allele or GG genotype, respectively⁵⁷. They observed significant relationships between the rs2275913 G allele and osteoarthritis in 19 studies involving 5298 cases and 5675 healthy controls. IL-17A gene rs2275913 G allele protects against osteoarthritis susceptibility in Mongolians⁵⁸. Another study on osteoarthritis in the Han Chinese population found that IL-17 gene polymorphisms may be linked to the prevalence of high-risk knee osteoarthritis⁵⁹.

CONCLUSION

The current study observed that the RF in patients with RA was positive in (64%) and negative in (36%); additionally, in a control group, RF was negative in (80%) and 20%). The current study observed that CRP in patients with RA is positive in (88%) and negative in (12 %); furthermore, in the control group, CRP is positive in (14 %) and negative in (86 %). The concentration levels of IL17 in RA cases increased significantly ($P<0.016$) in RA patients with mean \pm std error (148.06 ± 11.834) in comparison with control with mean \pm std error (121.12 ± 3.663). The genotyping and allele frequencies of IL-17 rs2275913 G/A for the two groups showed no significant differences in genotype between patients and controls. Compared to the GA genotype between control and patients, the heterozygous GA genotype was significantly different from controls ($X^2=0.614$, OR=0.166), and the GG genotype significantly increased risk for RA ($X^2=0.436$, OR=1). In addition, allele frequency for the G allele is associated with a significantly increased risk for RA. For the patient's group, the allele frequency of (G) was 0.78 %, but (A) allele frequency was 0.22 %, while for control groups, the allele frequency of (C) was 0.72 %, but (A) allele was 0.28 %. Moreover, the IL-17 rs2275913 G/A genotype was not associated with increased risk for the development of RA in Iraqi patients.

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